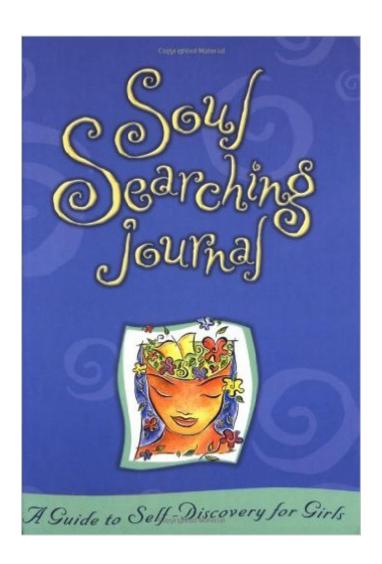
## The book was found

# Soul Searching Journal: A Guide To Self Discovery For Girls





## Synopsis

Somewhere deep inside, we all know whatâ ™s best for usâ "itâ ™s only a matter of listening. The Soul Searching Journal is about tuning into your own inner wisdom and by doing so, discovering more about yourself. There are plenty of activities in this journal to put you on the path to self-discovery, but keep in mind that these are suggestionsâ "nothing about journaling is set in stone. You can use this journal to channel your creativity, sort out problems, or make sense out of lifeâ "whatever you want. The more you write, the more youâ ™II love it and the more youâ ™II discover about yourself!

### **Book Information**

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Product Dimensions: 6 x 0.5 x 9 inches

Shipping Weight: 7.2 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars Â See all reviews (5 customer reviews)

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Psychology

Age Range: 12 and up Grade Level: 7 and up

#### Customer Reviews

My daughter is a tough critic. She reads a lot of books and is not always easy on them. She not only enjoyed this book, but found it useful in thinking about who she was and were she was going. I recommend that parents and grandparents gift this book to the daughters and grand daughters.

This book is very cool. Most of the things are really cool to learn and do, Its def. worth reading

My 7 yo daughter loves this journal.

I purchased for my grand daughter and she loves it, it came real fast, in 2 days. She seems to really enjoy. Purchase for her birthday.

My eleven year old is really learning a lot about herself from this book. If you have a girl who tends to be introspective, this is a great find. It is best for pre-teen (or tween) girls.

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